



For Men and Women

Its all about **you**



# Care for yourself

Euro Massage offers an experience that is all about you. We take care to understand your needs so we can best customise massage, treatment and those cute finishing touches. We cater for a range of massage from sports therapy to the natural healing wonder of hot stones, all with the graceful touch of European proficiency. From your head to your feet we care for you and pamper you in a lovely relaxing environment. We are conveniently located in the hub of the city, or we can come to you, saving valuable time so you can unwind in the comfort of your own home. Traditional treatments, body wraps, pedicures and manicures are designed to offer both men and women a chance to ease tensions and set you on top of the world.

Come see us sometime.



Karolina

# Massage

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## Relaxation Massage

Relaxation massage is extremely beneficial for people leading a busy lifestyle and who suffer from work related stress. Massage not only aids with mental relaxation but works on the physical symptoms of back and neck pain that come from sitting for extended periods at a desk or from physical labour. Relaxation massage also helps with insomnia and depression.

## Therapeutic Massage

Stimulating the hormonal and nervous system, therapeutic massage relieves sore tense muscles, joints and sinews, enhancing mental alertness and improving your ability to focus on tasks. Therapeutic Massage calms the nervous system so you feel more relaxed, promotes regeneration of strength after work or after physical effort and eliminates tiredness – refreshing and relaxing your body to help you keep in good physical and mental condition.

## Sports Therapy Massage

Sports massage therapy is proven to help ease the stress and tension which builds up in the body's soft tissue during physical activity. Sports massage can help prevent those niggling injuries that so often get in the way of performance and achievement.

## Deep Tissue Massage

Deep tissue is a special form of massage using quite firm pressure to help deeply relax your body and prevent little injuries. Deep tissue massage is also recognised for helping with insomnia.

## Hot Stone Massage

The use of hot stones for healing dates back to ancient time. It is a technique where heated smooth, flat stones are placed on key points on the body to warm and relax the muscles, allowing deeper pressure to be applied if desired. The warmth of the stones improves circulation, calms the nervous system and is both comforting and relaxing. Hot stone massage is used for back pain and aches, poor circulation, osteoarthritis and arthritis pain, stress, anxiety and tension, insomnia and depression. Experience the deep relaxation as the warm stones glide across your body in long flowing strokes.

## Face Massage

Face massage is considered by many to be the most beneficial and has maximum relaxation effects, for the whole body. The face massage is lovely for women and also has incredibly relaxing affects for men.

## Reflexology

A preventative maintenance massage that stimulates the reflex points on your feet and hands.

❖ *All massages include reflexology treatment*

# Body Treatments

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## Cellu-Active Body Treatment

The anti-cellulite procedure consists of a special massage and body wrap to act on cellulite and refine the texture of the skin. A body wrap is applied with a gradual heating effect, where algae extracts and caffeine are combined to smooth “orange peel skin” and restore a shapely body.

*Approximately 6-10 visits are recommended for best results.*

## Body Exfoliation Treatment

An energising and invigorating exfoliation based on salts from the Dead Sea, reputed for their rich mineral content, removing dead cells, and smoothing the skin even over the roughest areas! Your skin is soft and full of radiance and renewed life. This treatment includes a 20 minute back and foot relaxation massage.

## Morpho-Body Stretch Mark Peeling

A very specific treatment that acts to reduce the appearance of existing stretch marks. It begins with the application of a highly concentrated peel to exfoliate, smooth, stimulate and prepare the skin for a reduction in stretch marks. Your skin is smoother and stretch marks fade away.

## Nutri-Comfort Wrap

A highly nourishing body wrap used to rapidly restore utterly supple, soft and satiny smooth skin. With a cocktail of moisturising and nourishing active ingredients you re-establish the lipid balance and reinforce the natural barrier of the skin.

## Relaxing Back Treatment

A 2-step treatment that begins with the application of a relaxing heated mask. This re-mineralising cataplasm based on algae and clay is used to eliminate toxins, reduce muscle tension and procure a pleasant feeling of relaxation. It is followed by relaxing manoeuvres to reduce muscle tension in the back. A complete treatment to combat the harmful affects of stress and tiredness.



# Pamper yourself

## Facial Treatments

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### Petite Facial

A quick pick-me-up for anyone leading a busy life. A petite facial includes a double cleanse, tone and exfoliation followed by a relaxing face massage, eye treatment and a hydrating mask, offering an intense moisture surge. During the mask you will float away with either a foot or hand massage – the choice is over to you.

### Luxury Rejuvenating Facial

This luxuriant hydrating facial is the ultimate relaxing cocktail. Starting with a back massage to treat those tired muscles and begin relaxation. After that a luxuriant hydrating facial including deep cleansing, exfoliation and face massage. Different options are available with the facial including eye treatments or mask treatments. During the mask you can choose from a hand, foot or scalp massage to leave you feeling beautifully serene.

### Marine Beauty Facial

The moisturising power of marine extracts provides an intense surge of moisturising active ingredients and freshness for your skin's vitality and radiance. Rich in alginate, algae extract and hyaluronic acid, this treatment replenishes your skin; it is radiant, supple and comfortable.

### Burst of Radiance Facial

A complete energising treatment for a “lifting” effect with a comprehensive treatment that delivers moisturising, nourishing, regenerating, lifting and strengthening active ingredients. The hydro-lifting treatment brightens the complexion and provides an instant “burst of radiance”

### As Good As New Facial

The Morpho-Skin Peeling treatment uses a highly concentrated dermocorrecting peel. This cosmetic peel has been designed to leave the skin “as good as new”, smooth wrinkles and fine lines, resculpt the contours and refine the texture of the skin.

### Eye beauty treatment

The eye beauty treatment reduces puffiness, drained baggy eyes and smoothes out crow's feet and fine lines at the side of your eyes. Leaving your eyes feeling comfortable, bright and radiant.

*Approximately 3 visits are recommended for best results.*



# Finishing Touches for Hands and Feet

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## File and paint (*Hands or Feet*)

Express treatment, file and paint for a quick lift-me-up.

## Manicure Deluxe

Treat your hands to a soothing bath, Dead Sea salt exfoliation and then a Paraffin mask to soften and nourish the skin. A relaxing hand massage and Morpho-Skin treatment follows to slow down the appearance of fine lines and age spots with finishing touches including a cuticle tidy up, file and polish to leave you feeling gorgeous.

## Pedicure Deluxe

Take care of your feet with a loving footspa, Dead Sea salt exfoliation and then a Paraffin mask to soften and nourish the skin. Blading is used to smooth and alleviate your feet with a reflexology massage and skin treatment. The finishing touches include a cuticle tidy up, file and polish and you won't be able to wait to get out those 'jandals'!

## Paraffin Mask

For an intensive rejuvenation of your hands or feet the Paraffin mask includes Dead Sea salt exfoliation and then a Paraffin mask to soften and nourish before moisturising.

# Euro Massage is Mobile

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If you are too busy to get to town, we can come to you, saving valuable time so you can unwind in the comfort of your own home. For extra convenience we provide some massages, facials and finishing touches through our mobile service.

## Our mobile services include:

- ~ Relaxation Massage
- ~ Therapeutic Massage
- ~ Sports Therapy Massage
- ~ Deep Tissues Massage
- ~ Face Massage
- ~ Petite Facial
- ~ Luxury Rejuvenation Facial
- ~ File and Paint

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*Mobile services incur a \$15.00 surcharge for travel expenses.*

**Please note:** An initial consult is required for new clients at the Euro Massage room on Willis Street before a mobile service can be booked.

# Pricelist

## Care for yourself

### Massage *(All massages include a reflexology treatment)*

Relaxation Massage	\$70.00 (60 mins)	\$40.00 (30 mins)
Therapeutic Massage	\$70.00 (60 mins)	\$40.00 (30 mins)
Sports Therapy Massage	\$75.00 (60 mins)	\$50.00 (40 mins)
Deep Tissue Massage	\$80.00 (60 mins)	\$55.00 (40 mins)
Hot Stone Massage	\$90.00 (60 mins)	\$50.00 (30 mins)
Face Massage	\$40.00 (30 mins)	
Reflexology	\$30.00 (30 mins)	

### Body Treatment

Cellu-Active Body Treatment	\$80.00 (allow 70 mins)
Body Exfoliation Treatment	\$75.00 (75 mins)
Nutri-Comfort Wrap	\$95.00 (60 mins)
Relaxing Back Treatment	\$45.00 (40 mins)
Morpho-Body Stretch	
Mark Peeling	\$95.00 (60 mins)

Pricelist continued on next page ..



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\$20

Petite Facial

This voucher entitles the bearer to a discounted Petite Facial when another massage, treatment, manicure or pedicure is purchased.

You can redeem this voucher through the online booking system by entering the promo code: **DECPetite**

*Euro Massage also accepts other massage or beauty therapy competitor coupons for the same services offered in this booklet.*

◀ TEAR OFF



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40%

off a Manicure or Pedicure

This voucher entitles the bearer to a discounted Manicure or Pedicure when another massage, treatment or facial is purchased.

You can redeem this voucher through the online booking system by entering the promo code: **DECHands**

*Euro Massage also accepts other massage or beauty therapy competitor coupons for the same services offered in this booklet.*

◀ TEAR OFF

## TERMS of USE

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This coupon cannot be redeemed in conjunction with other coupons. Only one coupon can be used at a time. It is not redeemable for cash and cannot be cancelled or refunded. This coupon is not valid in conjunction with any other promotion or discount offers.

We regret that we cannot replace lost, stolen, mislaid or damaged coupons. Coupons are transferable if you wish to pass to a friend.

Bookings are subject to availability.



**m. 021 168 0430**

**e. [info@euromassage.co.nz](mailto:info@euromassage.co.nz)**

**[www.euromassage.co.nz](http://www.euromassage.co.nz)**

**located at:**

Level 2, Fraser House  
160-162 Willis Street  
Wellington Central

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## Pamper yourself

### Facials

Petite Facial	\$45.00 (30 mins)
Luxury Rejuvenating Facial	\$80.00 (75 mins)
Marine Beauty Facial	\$85.00 (60 mins)
Burst of Radiance Facial	\$90.00 (75 mins)
As Good As New Facial	\$130.00 (60 mins)
Eye Beauty Treatment	\$45.00 (40 mins)

### Finishing touches for Hands and Feet

File and paint – Hands or feet	\$30.00 (30 mins)
Manicure Deluxe	\$60.00 (60 mins)
Pedicure Deluxe	\$70.00 (75 mins)
Paraffin Mask for hands	\$25.00 (20 mins)
Paraffin Mask for feet	\$30.00 (25 mins)

### Euro Massage is mobile

Mobile services incur a \$15.00 surcharge for travel expenses.

**Please note:** An initial consult is required for new clients at the Euro Massage room on Willis Street before a mobile service can be booked.

Price list current until 30 June 2010



**euro**  
MASSAGE

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